

ASIAN OVERLAND SERVICES TOURS & TRAVEL

SPLENDOURS OF BORNEO 7 DAYS / 6 NIGHTS -WITH MULU CAVES

TOUR CODE: SB-02
SIC
DEPARTURE: DAILY
MINIMUM 2 PERSONS
EX - KUCHING



HIGHLIGHTS: Iban Longhouse, Orang Utan, Mulu National Park and Kinabalu National Park.

DAY 01 KUCHING

Arrival at Kuching before 1200hrs. Transfer to Kuching Hotel. Tour of Kuching city in the afternoon at 1400hrs. Highlight of the tour are view Ford Margherita from the waterfront, [across the Sarawak River \(no public admission\)](#), Tua Pek Kong Temple - the oldest temple in Kuching and the Sarawak Museum – reputed to be the best museum in Southeast Asia. Overnight.

DAY 02 KUCHING – SEMENGGOK ORANG UTAN-LONGHOUSE

Breakfast in the hotel. Early morning depart to visit the Semenggok Orang Utan Rehabilitation Centre that houses the Orang Utan, honey bears and other protected species of wildlife, rescued from captivity. These wildlife are then carefully nurtured and rehabilitated into their natural surroundings. Witness the feeding of the Orang Utans subject to the animals approaching the feeding platform.

Depart for an overnight stay at a guesthouse located beside an Iban longhouse. On arrival, the natives of the Iban tribe in the longhouse will welcome you. Ibans make up the largest group of natives in Sarawak and were once considered the headhunters of Borneo. Today, they are farmers and amongst the friendliest people. You are free to mingle with the longhouse dwellers and even try your hand with their daily chores or enjoy the serenity of the rainforest or go for a swim in the river.

After dinner, meet the Headman of the longhouse and be entertained by traditional dances. Try the rice wine and participate in the graceful Warrior's Dance, the Ngajat. Overnight in a guesthouse (consist of individual beds with mosquito netting for each bed. There are proper shower and toilet facility). (Meals: Breakfast/Lunch/Dinner)

DAY 03 IBAN LONGHOUSE-KCH-MIRI

Wake up to the crows of the roosters. After breakfast, we will see a demonstration of the various pastime games played by the natives such as cock-fighting and blowpipe competitions. Departure to Kuching. Lunch en route.

Expected to arrive Kuching around 1600 hrs. Transfer to airport for flight to Miri, [MH2368 1925 / 2025 hours](#). Overnight.

Meals: Breakfast/Lunch

DAY 04 MIRI-MULU

American Breakfast. Early departure to the airport for flight to Mulu, [MH2464 0955 / 1025 hrs](#). Arrive at Mulu National Park - the home to the largest cave passage in the world and a paradise for naturalist. Mulu Park is known to have 1500 species of flowering plants, 170 species of wild orchids and 67 species of animals (sightings of animals not guaranteed). Lunch at the local canteen.

After lunch, we continue journey to Lang's Cave and Deer Cave. This interesting walk will be on a raised platform going through peat swamp forest. We will also explore the Garden of Eden. Our journey back will be through Deer Cave. However, we will rest until the evening, and if weather permits see a strange but natural phenomenon at the mouth of the cave. Overnight.

Meals: Breakfast/Lunch/Dinner

DAY 05 MULU-MIRI-KOTA KINABALU

American Breakfast. We will continue with our exploration of Mulu Caves and proceed this morning by boat to Clearwater Cave. You may swim at the Clearwater spring, where you will also have a picnic-style lunch. After lunch, we will explore the Cave of the Winds and then visit a Penan tribe.

Return to Mulu and proceed to the airport. We will fly to Miri on [MH3869, 1600/1635 hrs](#) and onwards to Kota Kinabalu on [MH2614 1840 / 1920 hrs](#). Or take direct Vision Air flight Mulu to BKI, [1440/1525 hrs](#). Transfer to your hotel on arrival. Overnight.

Meals: Breakfast/Lunch

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(Continued)

DAY 06 KOTA KINABALU-KINABALU NATIONAL PARK-KOTA KINABALU

American Breakfast. Depart for a full day excursion to Kinabalu National Park, the base of the highest mountain in Southeast Asia. Kinabalu is a botanist's paradise with over a thousand species of orchids, numerous rhododendrons and pitcher plants as well as a large species of birds. A park guide will take you on a nature walk this morning. You will also visit the exhibition hall and watch a slide presentation on Kinabalu National Park and Mount Kinabalu. Overnight.
Meals: Breakfast/Lunch

DAY 07 KOTA KINABALU-AIRPORT/EXTENSION STAY

American Breakfast. Morning proceed on a city tour. Visit the highest point for a panoramic view of Kota Kinabalu, an exclusive residential area, Likas Bay, the exterior of Sabah Foundation building, a Buddhist Temple, the State Museum, State Mosque and the water village. At leisure until your departure transfer or extend your stay at the very fine Beach Resorts in Kota Kinabalu.

Nett Price per Person:

Valid 01 July 2006 to 31 July 2006

Twin share per person:
Triple share per person:
Single supplement except longhouse

STANDARD

MYR 1740.00 / USD 458
MYR 1680.00 / USD 442
MYR 590.00 / USD 155

SUPERIOR

MYR 2015.00 / USD 530
MYR 1900.00 / USD 500
MYR 775.00 / USD 204

Notes:

- Airfare is not included.
- Hotel used are subject to change without prior notice
- Advance booking is required and all the rooms are subject to availability.

What to bring:

Rain coat, hand torch, personal toiletries, cotton material clothing, swimming attire, body soap, walking shoes with rubber sole, anti-malaria tablets and sun tan/block lotion.

Note: Sarawak Museum and Fort Magherita is close on public holidays.

HOTEL USED

Kuching
Miri
Mulu
Kota Kinabalu

STANDARD

Grand Continental
Dynasty
National Park
Beverly Hotel

SUPERIOR

Holiday Inn Kuching
Miri Marriott Resort & Spa
Royal Mulu
Promenade